

CLC : Latino Quadrant Meeting #2

September 9, 2008

Time: 2:30-4:00pm

Location: Olivia's House

Present: Marietta, Olivia, Marja

In our last quadrant meeting, our group focused clearly defining our quadrant Objectives. The **objectives** discussed include:

- I. Update and verify accuracy of Health Services Guide for Boulder County:
 - a. At our original meeting we intended to hold a community meeting for the purpose of compiling a County guide of community services for Latinos. At our latest meeting we have decided to wait to receive the guide being compiled for the State by the Office of Health Disparities. Once this guide has been published we will review a copy and add additional services for our county.
- II. Identify barriers to Latino participation in existing county and community services. (Senior Center, etc)*

We reviewed the attached documents on the status of older adults in Boulder County and were surprised to learn of the discrepancies in various categories. In particular, mental health, food security, etc. Questions were raised as to survey methods for depression and isolation. Perhaps the County needs to do more research to determine the causes behind this depression (isolation, chemical imbalance, financial stress, etc). Our quadrant may be interested in addressing this specific issue as well.

Means for achieving Objective II:

- I. Identify key community leaders working with Latinos in our community
- II. Develop a survey for community leaders to learn their perspectives on what programs are successful and why? What doesn't work? Where are the gaps in services?
 - A. Marja will contact Boulder County person who work with survey design
 - B. Next meeting: Focus on creation of a survey for Latino leaders.
- III. Analyze and tabulate survey information. Use the evidence produced by the survey to guide our quadrants' recommendations.

Other issues discussed:

During this meeting we brainstormed many ways of getting more Latinos to use existing services. In addition to creating a survey we would like to look into successful models of Latino involvement. Some such examples could be:

- A. Longmont Senior Center: Traveling to Mexico to learn what programs work there. Perhaps some of these recommendations on programming should be more widely recommended.
- B. Investigate Senior Centers in a Latino neighborhood in Denver.
- C. Compare what we have learned to current Senior Center schedule of events in other County Senior Center. (See Attached for Boulder)

Website:

http://www.ci.boulder.co.us/index.php?option=com_content&task=view&id=292&Itemid=189