

# Creating Vibrant Communities In Which We All Age Well

 Moving from Common Vision  
to Community Action

## Report to the Community 2007



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**With special thanks to the members  
of the Countywide Leadership Council  
and its work groups for their  
pioneering efforts in  
creating vibrant communities in  
which we all age well.**

Boulder County Aging Services Division  
P.O. Box 471  
Boulder, Colorado

March 2008

To become involved in creating vibrant communities in  
which we all age well, contact Boulder County Aging  
Services Division at 303-441-3570

[www.allagewell.com](http://www.allagewell.com)  
[www.bouldercountyseniors.info](http://www.bouldercountyseniors.info)

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# Creating Vibrant Communities In Which We All Age Well

 Moving from  
Common Vision  
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*Creating Vibrant Communities In Which We All Age Well*, the countywide strategic plan for aging well in Boulder County, was completed in August 2006. The Countywide Leadership Council (CLC), which convened for the first time on September 13, 2006, met quarterly during 2007 to guide the implementation, evaluation, and updating of the strategic plan. The Executive Committee organized the work of the CLC.

The CLC divided into Quadrant Work Groups (QWGs) to focus on specific aspects of the plan and expand community involvement in the process. Eventually, several of the QWGs divided again; a total of seven work groups functioned throughout 2007. Each self-organizing work group identified goals from the strategic plan upon which to focus, selected specific strategies to implement, and established a work plan and timeline for its activities.

This **Report to the Community** is the first report on activities and accomplishments of the CLC and its work groups. Much has been accomplished; more remains to be done – in different ways, by different groups of people.

In 2008 individuals, families, and communities will find new ways to work together to address the opportunities and challenges of an aging society. They will be guided by the strategic design principles<sup>1</sup> articulated at the Community Summit in October 2005. They will work to realize our strategic vision – We live in vibrant communities in which we all age well.

Please note: Specific goals or strategies referred to by number in this report are from the original strategic plan, *Creating Vibrant Communities In Which We All Age Well*.

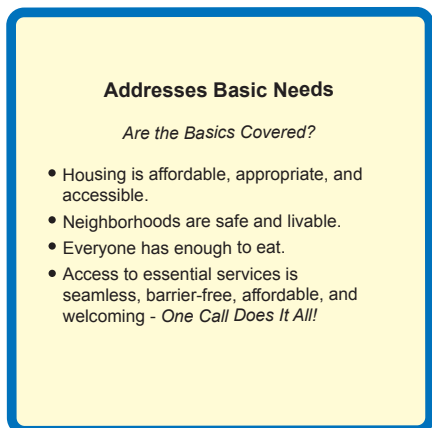
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<sup>1</sup> Boulder County Aging Services Division, *Creating Vibrant Communities in Which We All Age Well*. [http://www.allagewell.com/documents/all\\_age\\_well\\_doc.pdf](http://www.allagewell.com/documents/all_age_well_doc.pdf) (Revised April 2007), 29.

# Addressing Basic Needs

Because of the scope and breadth of the issues encompassed by this quadrant, three work groups became active during 2007: **Housing, Nutrition Providers' Council**, and the **One Call Committee**.

## Quadrant One: Addressing Basic Needs



### Housing Work Group

#### *Chair and Staff Facilitator*

Mary Foehr      Boulder County Department of Social Services, Adult Protection

#### *Members*

Helen Corbett      Boulder Senior Community Advisory Committee

Pamm Gibson      Boulder Housing Partners

Sheila Gloe      Re-Find Care, LLC

Phil Hernandez      Boulder County Aging Services

Selena Jaramillo      City of Louisville Senior Services

Shelly Miezwa      Boulder Housing Partners

Molly Otto      Happy Homes Management Services, Inc.

Michael Reis      Longmont Housing Authority

Wesley Smith      Raymond James Financial Services, Inc.

Michele Waite      City of Longmont Senior Services

### **Strategic Focus for 2007**

Goal 1: Housing is affordable, appropriate, and accessible.

### **Key Activities and Accomplishments**

The report from this work group will be available in April 2008.

### Nutrition Providers' Council

#### *Chair*

Francea Phillips      Meals on Wheels of Boulder

#### *Staff Facilitator*

Teresa De Anni      Boulder County Aging Services

#### *Members*

Jim Baldwin      Community Food Share/Elder Share

Sally Blaser      Community Member, Spanish Translator

Diane Briggie      Golden Gang, Inc., Lyons

Lou Carr      Meals on Wheels of East Boulder County

Ronda Disney      BCASD, Registered Dietitian

Lou Ann Dixon      BCASD, Registered Dietitian

Jerry Gramlich      Longmont Meals on Wheels, Inc.

Serene Karplus      Nederland Area Seniors, Inc.

Kevin Manigan      Community Food Share

Peggy Mills      BCASD, Allenspark

Sally Sandoe      Meals on Wheels of Boulder

Lynette Sipe      Meals on Wheels of East Boulder County

Lori Wolf      City of Lafayette Senior Services

Ann Zander      Colorado State University Extension

The Nutrition Providers' Council existed prior to the formation of quadrant work groups. The Council agreed to continue its work as part of the Basic Needs Quadrant.

### **Strategic Focus for 2007**

Goal 3: Everyone has enough to eat.

Strategy: Increase awareness of meal programs, food resources, and nutrition resources in Boulder County.

# Addressing Basic Needs

## Key Activities and Accomplishments

1. Published *Let's Eat*, a listing of food and nutrition resources in Boulder County.



2. Distributed *Let's Eat* throughout the county.
3. Participated in **Mayors for Meals**, a nationwide program sponsored by Meals on Wheels Association of America, to create awareness of meal programs. Boulder County meal providers participated on March 21, 2007, receiving a significant amount of publicity and involvement from mayors, city council members, and other government officials.
4. Created **Project Homecoming**. The Nutrition Providers' Council initiated discussions regarding providing meals for patients being released from area hospitals. Boulder County Aging Services contributed \$1500 to initiate planning for this project. Step One was to get all meal providers on board, since hospitals release patients to all areas of the county. Therefore, it was important to include Longmont Meals on Wheels, Inc. and Meals on Wheels of East Boulder County to ensure the ability to respond countywide.

As part of **Project Homecoming** each patient leaving the hospital will be offered five meals, at no cost, that meet the dietary requirements established for that patient by their physician. The goals of the program are to:

- a. Alleviate the anxiety that arises when a patient is sent home from the hospital with a list of new dietary requirements;
  - b. Provide healthy meals that meet the patient's dietary requirements;
  - c. Increase key hospital personnel's awareness of all the nutrition resources available in Boulder County;
  - d. Introduce potential clients to meals on wheels and to other nutrition-related services in the Boulder County area;
  - e. Help patients get well and stay well.
5. Implementation of an Emergency Meal Distribution plan. Because of significant winter weather resulting in program closures during the winter of 2006, an Emergency Meal Distribution plan was developed and implemented. In August 2007, in conjunction with United Way's Day of Caring, meal providers distributed emergency food provisions to more than 250 persons in greatest need. Each person received six emergency meals, glo-sticks, and, in some cases, emergency water supplies and a weather radio.



# Addressing Basic Needs

## One Call Committee

### *Chair*

Michele Waite      City of Longmont Senior Services

### *Staff Facilitators*

Linda Hill-Blakley      Boulder County Aging Services

Eden Bailey      Boulder County Aging Services

### *Members*

David Bolin      Center for People with Disabilities

Andrea Cohen      Center for People with Disabilities

Nan Jenner-Bryant      Mental Health Center

Helen Corbett      Boulder Senior Community Advisory Committee

Pat Critchfield      Boulder County Aging Services

Maureen Ewing      RSVP

Mary Foehr      Boulder County Department of Social Services, Adult Protection

Rose Garcia      Longmont Senior Advisory Board

Selena Jaramillo      City of Louisville Senior Services

Alicia Jiron      Mile High United Way, 211

Mary Johnson      City of Lafayette Senior Services

Claudine Low      City of Louisville Senior Services

Gigi Ostrowski      Boulder County Department of Social Services, Adult Protection

Barbara Pingrey      Foothills United Way

Sarah Rebman      City of Boulder Senior Services

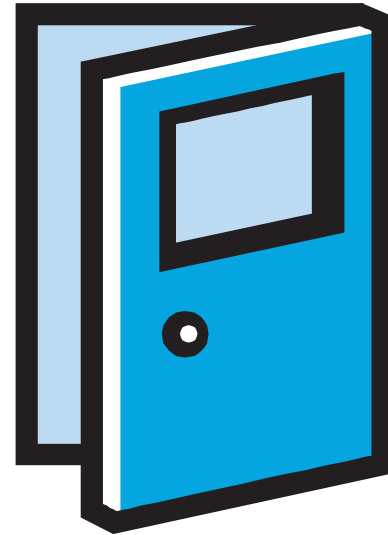
John Riggle      City of Boulder Senior Services

Kelli Rucker      Foothills United Way

Barbara Wilkins-Crowder      Adult Care Management, Inc.

Rosemary Williams      Boulder County Aging Services

Ann Zander      Colorado State University Extension



## **Strategic Focus for 2007**

Goal 4: Access to essential services is seamless, barrier-free, affordable, and welcoming – *One Call Does It All.*

Strategy 4.1: Develop and maintain one accurate, comprehensive database with Web access.

Strategy 4.2: Organize a network of information and assistance providers, and coordinate access to the services that people need – *One Call Does it All!*

The One Call Committee researched and analyzed information and assistance (I & A) service delivery models, and developed several documents that will serve as a strong foundation for the transition from the One Call Committee to the **Information & Assistance Consortium of Boulder County.**

# Addressing Basic Needs

## Key Activities and Accomplishments

1. The **Framework for Success** outlines what success will be for the “Any Door is the Right Door” system (previously called the “One Call” system). It will serve as the basis for the Consortium’s indicators and performance measures.

The “Any Door is the Right Door” system has as its primary goal to provide the best and most comprehensive information and assistance, including case management, for older adults, adults with disabilities, caregivers, and the community.

The system will include a standardized approach to all inquiries seeking information and assistance that is warm, personal, comprehensive, accurate, efficient, consistent, timely, empowering, and strengths-based. Services will be consumer-driven – planning, decision-making, implementation, and evaluation will be consumer-centered. This will be accomplished through:

- **Centralized Information Line and Network:** An organized network of information and assistance providers will connect people with the services they need. The system will provide a state-of-the-art, comprehensive, unified approach to information and assistance. Boulder County Aging Services Division (BCASD) will coordinate the system, encouraging collaboration and integration among all community agencies working with older adults, adults with disabilities, and caregivers. BCASD will play a leadership role - casting vision, providing training opportunities, setting goals and

measurable objectives, establishing and measuring outcomes, and planning for future development.

- **Continuum of Information and Assistance:** A continuum of services – from basic information and referral to more intensive consultation and case management – will be offered. People will be provided with the appropriate level of service. The right amount of information and assistance will be provided, enough to allow for informed choice without overwhelming people with excessive options. Assistance will maximize independence by building on strengths and empowering people to help themselves.
- **Clearinghouse of Information:** A comprehensive and accurate database of resources will be developed and maintained by BCASD for the purpose of storing, retrieving, and updating information about resources for older adults, adults with disabilities, and caregivers. Customers, staff, and the community will find the resources easily accessible through a variety of sources, including Internet, e-mail, printed publications, staff, resource fairs, etc. The database will be specialized and targeted for services supporting older adults, adults with disabilities, and caregivers. It will include both public and private resources appropriate for all income levels. As much as possible, warm transfers will be used to connect people to the appropriate resources.

## Addressing Basic Needs

- **Skilled, Specialized Staff:** Staff will provide the best in customer service. Service will be warm, personal, high quality, and timely. Staff will be skilled in listening and problem solving; knowledgeable about aging, disabilities, community systems, and services; possess empathy for older adults, adults with disabilities, and caregivers; recognize that lives, needs, and situations are often complex; offer services consistent with accepted professional ethics and practices for the level of service provided; and, build upon strengths and existing support systems.
  - **Program Development:** Program development will be strategic, focused on identifying and addressing gaps and duplications in services.
  - **Outreach, Marketing, and Community Awareness:** A persistent outreach plan will be developed and followed to ensure that the central clearinghouse has a unique identity, and is known as an essential element of a vibrant community in which we all age well.
  - **Funding:** Sufficient funding will be secured to maintain high standards, ensure appropriate staffing levels, address program and service gaps, and encourage innovation and resource development.
2. The One Call Committee also developed a **Continuum of Information, Referral, and Assistance** services in Boulder County. They identified players in the service delivery system, as well as levels of service. They identified telephone, Web, and printed materials that would be needed to support the system.
  3. A **Flow Chart** was developed that depicts how calls will be handled at various points of entry.
  4. **Standards** for the **Information and Assistance Consortium of Boulder County** will be based on the Alliance of Information and Referral Systems (AIRS). As future standards are developed (database management, governing body, emergency preparedness, etc.) they will be incorporated.
  5. Marketing Strategies – The committee devoted considerable time to discussing marketing strategies for the “Any Door Is the Right Door” system. The information generated will be shared with the Information and Assistance Consortium.
  6. Formation of the **Information and Assistance Consortium of Boulder County** – The committee submitted a successful application to the Colorado Department of Human Services, Aging and Adult Services Division, securing pilot project status for information and referral efforts in Boulder County. Thus, Boulder County is now an Aging and Disability Resource Center (ADRC), known in Colorado as the ARCH. Boulder County Aging Services will serve as the Lead Agency in this effort. Partner agencies will sign a Memorandum of Understanding agreeing to implement the ARCH as a consortium.
  7. The committee also hopes that its work will inform the development of the future countywide human services information and assistance system in Boulder County.

# Promoting Social and Civic Engagement

## Promotes Social and Civic Engagement

Say "Yes" to Life - Be Involved!

- Families, neighbors, and friends maintain meaningful connections.
- People of all ages participate together in social, civic, cultural, and recreational activities.
- Opportunities exist for meaningful paid and volunteer work - *Opportunities to give and receive.*
- Aging well is a community priority.
- People celebrate and share common interests - *Common Ground Creates Common Good.*

## Quadrant Two: Promoting Social and Civic Engagement

### Co-Chairs

Laura Kinder Volunteer Connection  
Elsie Wood Society for Creative Aging

### Staff Facilitator

Laura Mathews Boulder County Aging Services

### Members

Maureen Ewing RSVP  
Josie Heath The Community Foundation  
Phil Hernandez Boulder County Aging Services  
Rebecca Herr Boulder County Aging Advisory Council  
Barb Martig Boulder Senior Community Advisory Committee  
Joan Raderman Circle of Care  
John Riggle City of Boulder Senior Services  
Morgan Rogers Boulder County Civic Forum

## Strategic Focus for 2007

Goal 7: Opportunities exist for meaningful paid and volunteer work – *Opportunities to give and receive.*

Strategy: Assess current levels of participation of older adults in civic leadership roles.

## Key Activities and Accomplishments

In a vibrant, inclusive, elder-friendly community people have opportunities for meaningful work, and they engage in service to the community – they say “yes” to life.

The Social and Civic Engagement Quadrant Work Group developed and distributed a survey to:

- City and county municipalities
- Nonprofit agencies
- Faith communities
- Service organizations
- School districts

The goal of the survey was to determine the current level of engagement of people on volunteer boards and commissions by age, gender, race, and ability. Data collected through the survey was analyzed to determine the current demographics of those who hold key volunteer positions in the county.

The survey was distributed in mid-October to organizations/boards/commissions throughout Boulder County. Twenty-six respondents completed and returned the survey. The data is still being analyzed, but some preliminary results include:

### Leadership Staff

- 36% under age 40
- 53% age 40-59
- 11% age 60+

### Policy Planners

- 11% under age 40
- 63% age 40-59
- 26% age 60+

### Board/Committee

#### Members

- 19% under age 40
- 63% age 40-59
- 18% age 60+

### Clients/Residents

- 41% under age 40
- 21% age 40-59
- 38% age 60+

### Active Volunteers

- 9% under age 40
- 15% age 40-59
- 43% age 60+



# Optimizing Physical and Mental Health and Well-Being

## Optimizes Physical and Mental Health and Well-Being

- Health is a personal and public priority.
- The community promotes healthy behaviors and fosters well-being.
- Wellness services, including health, mental health, and palliative care, are affordable, accessible, and readily available.
- A *Welcoming Environment* fosters physical activity and participation.

## Quadrant Three: Optimizing Physical and Mental Health and Well-Being

### Co-Chairs

|                |                                       |
|----------------|---------------------------------------|
| Rhonda Racicot | Mental Health Center                  |
| Alan Snyder    | Boulder County Aging Advisory Council |

### Staff Facilitator

|                |                               |
|----------------|-------------------------------|
| Teresa De Anni | Boulder County Aging Services |
|----------------|-------------------------------|

### Members

|                       |  |
|-----------------------|--|
| Peg Arnold            | Longmont United Hospital, PrestigePLUS |
| Helen Balis           | Mental Health Center                   |
| Susan Golden          | City of Boulder Senior Services        |
| Susan Marine          | Chinook Clubhouse                      |
| Barbara McGaughey     | Longmont YMCA                          |
| Mary Jo Osterman      | Rainbow Elders                         |
| Julie Redenbaugh-Aird | Center for People with Disabilities    |
| Sarah Jane Snyder     | SeniorNet, Longmont                    |
| Ruth Waukau           | City of Longmont Senior Services       |
| Kim Mooney            | HospiceCare Grief and Education Center |

## Strategic Focus for 2007

Goal 12: Wellness services, including health, mental health, and palliative care, are affordable, accessible, and readily available.

Strategy 12.4: Recognize and address the diversity in our community in planning and providing health, mental health, and palliative care services.

Specific strategy: To increase the elder-friendliness of existing health and wellness resources.

## Key Activities and Accomplishments

The committee:

1. Worked diligently to “get on the same page” regarding definitions of diversity, wellness, health, mental health, and palliative care.
2. Researched and priced existing models of elder-friendly training.
3. Created an assessment tool to measure the elder-friendliness of health services.
4. Field tested the assessment tool with hospitals, and found that a different approach was needed.
5. Developed six key questions about elder-friendliness using the criteria in the original assessment tool.
6. Completed a self-assessment tool for providers.

## Next Steps

1. Distribute self-assessment tool.
2. Create elder-friendly training based on the self-assessment tool.
3. Train interested health and human services providers, businesses, communities, etc.



# Maximizing In/dependence and Supporting Caregivers

## Quadrant Four: Maximizing In/dependence and Supporting Caregivers

### Co-Chairs

Brandon Fields, Esq. Law Office of Brandon Fields  
Kathy Phinney Happy Homes Management Services, Inc.

### Staff Facilitators

Emily Cooper Boulder County Aging Services  
Sarah Rebman City of Boulder Senior Services

### Members

Michael Bellmont Long-Term Care Insurance Professionals  
Nancy Chin-Wagner Arbonne International  
Andrea Cohen Center for People with Disabilities  
Maureen Ewing RSVP  
Denise Hodgert Center for People with Disabilities  
Sandy Hollingsworth City of Boulder Senior Services  
Janet Ibanez Boulder County Aging Services  
Diane Knudsen Aging Services Foundation  
Sherry Leach Boulder County Aging Services  
Dotti Longobardi Mary Sandoe House  
Barbara Martig Boulder Senior Community Advisory Committee  
Mary Lou May Boulder County Aging Services  
Aya Medrud Special Transit Board of Directors  
Molly Otto Happy Homes Management Services Inc  
Chantal Pierre RSVP  
Arlene Poplewko Boulder County Aging Advisory Council  
Pamela Pressel Capabilities  
Joan Raderman Circle of Care  
Sally Seggerman TakeCare - Eldercare Solutions  
Jon Swanson Special Transit  
Anne Togher Care Link  
Mark Venzke Frasier Meadows  
Sandra Villalpando Brightstar Health Care  
Kim Ann Wardlow Radio Reading Service of the Rockies  
Hayden Williamson HR Consultants  
Rebecca Yenney RSVP

### Maximizes In/dependence and Supports Caregivers

*Choice = Empowerment*

- We acknowledge and celebrate our in/dependence with one another.
- A comprehensive, coordinated continuum of services supports personal choice and quality of life.
- Transportation is affordable, accessible, flexible, reliable, and safe.
- Caregivers are informed, educated, acknowledged, and supported.

In its early meetings the QWG reviewed the existing transportation and caregiver services available throughout the county. In March they decided to split into two work groups: Transportation and Caregiving. The work groups met separately; then, came together to review their work as a whole group.

## Transportation Work Group

### Strategic Focus for 2007

Goal 16: Transportation is affordable, accessible, flexible, reliable, and safe.

Strategy 16.2: Provide a seamless, county-wide system of transportation services.

Specific Strategy: Develop and distribute a directory of transportation options.

### Key Activities and Accomplishments

The Transportation Work Group created a guide to transportation services in Boulder County. Fairly small, easy to hold, and user-friendly, the guide provides a single resource for older adults to learn about transportation options.

# Maximizing In/dependence and Supporting Caregivers

By the end of the year most of the information for inclusion in the guide had been gathered, and was being checked. Members met with Eric Patzer, Community Services Department's graphic designer, to work on the design.

## Next Steps:

1. Print and distribute the guide beginning in Spring 2008.
2. Appear on "Senior Spotlight" to share information about the guide.

## Caregiver Work Group

Goal 17: Caregivers are informed, educated, acknowledged, and supported.

Strategy: Develop a website for caregivers that identifies the factors that make a person a caregiver, acknowledges and honors the vital role caregivers play in the life of the person receiving care and the community, provides information about available community resources, and offers education and support for caregivers.

## Key Activities and Accomplishments

The Caregiving Work Group chose to develop and publicize a caregiver website, sponsored by Aging Services Foundation of Boulder County. With input from members, Emily Cooper, BCASD Caregiver Initiative Coordinator, created an outline for the website and is currently working on its development.

## Next Steps

1. The website will be in operation by Spring 2008.
2. Emily Cooper and Anne Togher will announce the website on "Senior Spotlight" on March 7.



# Countywide Leadership Council

|                       |  |                         |  |
|-----------------------|--|-------------------------|--|
| Kathryn Alexander     | Time-Exchange Network                        | Barbara McGaughey       | Longmont YMCA                                |
| Peg Arnold            | Longmont United Hospital, PrestigePLUS       | Aya Medrud              | Special Transit Board of Directors           |
| Eden Bailey*          | Boulder County Aging Services                | Shelly Miezwa           | Boulder Housing Partners                     |
| Jim Baldwin           | Community Food Share/Elder Share             | Adrienne Mihelic        | Boulder County Aging Services                |
| Helen Balis           | Mental Health Center                         | Tom Miller              | Workforce Boulder County                     |
| Lorna Beard           | City of Lafayette Senior Services            | Peggy Mills             | Boulder County Aging Services, Allenspark    |
| Sara Beery            | Rainbow Elders                               | Kim Mooney              | HospiceCare Grief and Education Center       |
| Michael Bellmont      | Long-Term Care Insurance Professionals       | Gigi Ostrowski          | Boulder County Department of Social Services |
| Sally Blaser          | Community Member, Spanish Translator         | Molly Otto              | Happy Homes Management Services, Inc.        |
| David Bolin           | Center for People with Disabilities          | Allen Overton           | Inn Between                                  |
| Diane Briggie         | Golden Gang, Inc., Lyons                     | Mary Jo Osterman        | Rainbow Elders                               |
| Julie Burrows         | Longmont Senior Center                       | Liana Pedersel-Gallegos | University of Colorado at Boulder            |
| Lou Carr              | Meals on Wheels of East Boulder County       | Francea Phillips*       | Meals on Wheels of Boulder                   |
| Maureen Cassulo       | Community Member, Elder                      | Kathy Phinney*          | Happy Homes Management Services, Inc.        |
| Nancy Chin-Wagner     | Arbonne International                        | Chantal Pierre          | RSVP   |
| Andrea Cohen          | Center for People with Disabilities          | Barbara Pingrey         | Foothills United Way                         |
| Emily Cooper*         | Boulder County Aging Services                | Arlene Poplewko         | Boulder County Aging Advisory Council        |
| Helen Corbett         | Boulder Senior Community Advisory Committee  | Pamela Pressel          | Capabilities                                 |
| Pat Critchfield       | Boulder County Aging Services                | Rhonda Racicot*         | Mental Health Center                         |
| Teresa De Anni*       | Boulder County Aging Services                | Joan Raderman           | Circle of Care                               |
| Ronda Disney          | Registered Dietitian, BCASD                  | Sarah Rebman*           | City of Boulder Senior Services              |
| Lou Ann Dixon         | Registered Dietitian, BCASD                  | Julie Redenbaugh-Aird   | Center for People with Disabilities          |
| Bruce Eller           | Allenspark Aging Advisory Committee          | Michael Reis            | Longmont Housing Authority                   |
| Paula Enrietto        | Balfour                                      | John Riggle             | City of Boulder Senior Services              |
| Maureen Ewing         | RSVP   | Morgan Rogers           | Boulder County Civic Forum                   |
| Brandon Fields, Esq.* | Law Office of Brandon Fields                 | Kelli Rucker            | Foothills United Way                         |
| Mary Foehr*           | Boulder County Department of Social Services | Sally Sandoe            | Meals on Wheels of Boulder                   |
| Rose Garcia           | Longmont Senior Advisory Board               | Sally Seggerman         | TakeCare - Eldercare Solutions               |
| John Ghumm            | Erie Area Seniors Advisory Committee         | Lynette Sipe            | Meals on Wheels of East Boulder County       |
| Pamm Gibson           | Boulder Housing Partners                     | Wesley Smith            | Raymond James Financial Services, Inc.       |
| Sheila Gloe           | Re-Find Care, LLC                            | Alan Snyder*            | Boulder County Aging Advisory Council        |
| Susan Golden          | City of Boulder Senior Services              | Sarah Jane Snyder       | SeniorNet, Longmont                          |
| Jerry Gramlich        | Longmont Meals on Wheels, Inc.               | Jon Swanson             | Special Transit                              |
| Vija Handley          | Community Member, Eldorado Springs           | Richard Tate            | Community Member                             |
| Josie Heath           | The Community Foundation                     | Anne Togher             | Care Link                                    |
| Phil Hernandez        | Boulder County Aging Services                | Mimi Tugaoen            | ERA Tradewind                                |
| Rebecca Herr          | Boulder County Aging Advisory Council        | Euvaldo Valdez          | Community Member                             |
| Linda Hill-Blakley    | Boulder County Aging Services                | Mark Venzke             | Frasier Meadows                              |
| Denise Hodgert        | Center for People with Disabilities          | Sandra Villalpando      | Brightstar Health Care                       |
| Jack Hodges           | PFLAG  | Michele Waite*          | City of Longmont Senior Services             |
| Sandy Hollingsworth   | City of Boulder Senior Services              | Kim Ann Wardlow         | Radio Reading Service of the Rockies         |
| Erin Humphrey         | RSVP   | Ruth Waukau             | City of Longmont Senior Services             |
| Janet Ibanez          | Boulder County Aging Services                | Pat Whited              | Town of Nederland                            |
| Selena Jaramillo      | City of Louisville Senior Services           | Barbara Wilkins-Crowder | Adult Care Management, Inc.                  |
| Nan Jenner-Bryant     | Mental Health Center                         | Rosemary Williams*      | Boulder County Aging Services                |
| Alicia Jiron          | Mile High United Way, 211                    | Hayden Williamson       | HR Consultants                               |
| Mary Johnson*         | City of Lafayette Senior Services            | Marlene Wilson          | Volunteer Management Associates              |
| Serene Karplus        | Nederland Area Seniors, Inc.                 | Lori Wolf               | City of Lafayette Senior Services            |
| Laura Kinder*         | Volunteer Connection                         | Elsie Wood*             | Society for Creative Aging                   |
| Diane Knudsen         | Aging Services Foundation                    | Rebecca Yenney          | RSVP   |
| Sherry Leach          | Boulder County Aging Services                | Ann Zander              | Colorado State University Extension          |
| Dotti Longobardi      | Mary Sandoe House                            |                         |  |
| Claudine Low          | City of Louisville Senior Services           |                         |  |
| Kevin Manigan         | Community Food Share                         |                         |  |
| Susan Marine          | Chinook Clubhouse                            |                         |  |
| Barb Martig           | Boulder Senior Community Advisory Committee  |                         |  |
| Laura Mathews*        | Boulder County Aging Services                |                         |  |
| Mary Lou May          | Boulder County Aging Services                |                         |  |
| Diane McDaniel        | Sister Carmen Community Center               |                         |  |

\* Current Members of the Executive Committee





**A Boulder County Aging  
Services Division  
Publication**